Many signs of chronic pain are non-specific. Make sure to see your vet to rule out other disease as a cause of these signs.

**BEAP Pain Scale for Dogs**

**0** No Pain
- B: Breathing normally
- A: Eating and drinking normally
- E: Eyes bright and alert
- A: Happy; interested in surroundings and playing; seeks attention

**1-2** Mild Pain
- B: Breathing normally
- A: Eating and drinking normally
- E: Eyes bright and alert
- A: Happy and engaged, may seem a little more subdued with some "off" moments interspersed with normal behaviors

**3-4** Moderate Pain
- B: May pant intermittently
- A: Appetite more finicky, such as wanting only treats or "people" food
- E: Eyes slightly more dull in appearance; can have a slightly furrowed brow
- A: Subdued; engages less or does not initiate play

**5-6** Moderate to Severe Pain
- B: Panting often noted, possibly with an increased breathing effort
- A: Loss of appetite; may not want to drink
- E: Dull eyes, worried look
- A: Agitated, fearful, worried, reclusive, potentially aggressive

**7-8** Severe Pain
- B: Faster breathing rate with more noticeable effort; frequent panting episodes common
- A: Tail tucked, ears flattened or pinned back; abnormal posture when standing; more hesitant to move or stand
- E: Dull eyes, may also have distressed look
- A: Significant body tension when painful area touched; may vocalize in pain; guards painful area by pulling away or changing position

**9-10** Worst Pain Possible
- B: Panting; increased breathing rate and effort
- A: No interest in food or water
- E: Dull eyes; may have panicked look
- A: Extremely depressed or minimally responsive ("flat out"); may vocalize in pain; in distress at rest

**Specific behaviors or physical changes I see:**

- Breathing:
- Eyes:
- Ambulation:
- Activity:
- Appetite:
- Attitude:
- Posture:
- Palpation:

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